

Barmby Moor Village Hall

Day	Time	Class	Contact	Telephone Number
Monday	10.00am – 11.00am	Yoga (U3A)	Ava Monroe	07908 711480
	5.25pm – 6.25pm	Pilates	Sophie Redfern	01759 305069
	6.30pm – 7.30pm	Pilates	Sophie Redfern	01759 305069
Tuesday	10:00am – 11.00am	Pilates	Sophie Redfern	01759 305069
	2.00pm – 4.00pm	Art (U3A)	Trish Cairns	01759 301196
	4.15pm – 5.45pm	Ballet	Deborah	07834 275276
	7.00pm – 10.00pm	Bridge	Dawn Watson	01759 388269
Wednesday	10:00am – 12.00md	Art (U3A)	Trish Cairns	01759 301196
	1.30pm – 3.30pm	Art	Trish Cairns	
	6:00pm – 7:00pm	Pilates	Sophie Redfern	01759 305069
	7.45pm – 8.30pm	Circuit Training	Ema Devlin	07730 096483
Thursday	10:00am – 12.00md	Art (U3A (Alt Weeks))	Steve Fraser	01759 307265
	1.30pm – 3.30pm	Flower Arranging	Jan Gardham	01759 302927
	5.15pm – 6.00pm	Street Dance (Age 4-8)	Ema Devlin	07730 096483
	6.00pm – 7.00pm	Street Dance (Age 9-16)	Ema Devlin	07730 096483
	7.00pm – 7.45pm	Contemporary Dance (Age 9-16)	Ema Devlin	07730 096483
	7.55pm – 8.40pm	Core Strengthening Pilates	Ema Devlin	07730 096483
Friday	10.30am – 11.30am	Pilates	Sophie Redfern	01759 305069
	2.30pm – 4.00pm	Line Dancing	Ian Ball	01759 304329/307465
	7.00pm – 9.30pm	Square Dancing	Richard Henley	01430 879812